



February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Twin Hearts Meditation With Healing Clinic 7:00pm to 9:00pm * Equilibrium Centre	4 Full Moon Meditation 3:00pm to 4:00pm 11 des Rapides Beauport, Québec Contact: Karine
5 Full Moon Planetary Meditation for Peace 7:00pm to 8:00pm * Lotus Palm School	6	 7	8	9	10 Twin Hearts Meditation 7:00pm to 8:00pm * Equilibrium Centre	11 Pray 3x "Waters of the world, we are sorry to cause you suffering. Please forgive us. We thank you. We Love you." http://www.masaru-emoto.net/
12 Planetary Meditation for Peace 7:00pm to 8:00pm * Lotus Palm School	13	14	15	16	17 Twin Hearts Meditation 7:00pm to 8:00pm * Equilibrium Centre	18
19 Planetary Meditation for Peace With Healing Clinic 7:00pm to 8:30pm * Lotus Palm School	20	21	22	23	24 Twin Hearts Meditation 7:00pm to 8:00pm * Equilibrium Centre	25
26 Planetary Meditation for Peace 7:00pm to 8:00pm * Lotus Palm School	27	28	29			

***Equilibrium Yoga Centre:** 4812 rue St-Laurent, Suite 101 (Corner Villeneuve) Mtl, Métro Laurier and Mont-Royal Karine karine_emonde@hotmail.com
 ***The Lotus Palm School:** 5244 Saint Urbain (near Fairmount), Mtl, Métro Laurier and Mont-Royal Carina, Kitty or Tony thm.lotuspalm@gmail.com
General Inquiries: Charlene TIS_Canada@mail.com